It is only Week 3 but what a great start to the term we have had. A few highlights so far are:

- **Student Showcase Board** – Each week a different class will display the work they are doing at school. We will put a photo of this on Facebook each week for the families who can’t come in to school to see it.
- **Sporting Schools Grant** – We received a $3,600 grant to encourage students to participate in sport. The money will be used to buy a range of equipment including AFL posts, balls and cones.
- **ANZAC Commemorative Plaque** – We received our ANZAC plaque which has been mounted on a rock near the flag pole. This will be the focus point for future ANZAC ceremonies.
- **Facebook Page** – We have had a great response from our Facebook page. Remember to ‘Like’ us to keep updated with events at school.
- **School Website** – We are busy updating our website. This is an essential way to communicate with the wider community about how fantastic Beenleigh Special School is.
- **Facilities Upgrade** – We will be receiving $50,000 to upgrade our school facilities. Staff will be assisting to prioritise areas in the school that would benefit from some minor work.
- **NAIDOC Week Art Competition** – We held a very successful competition thanks to the great support of staff. Our next curriculum event will be Literacy Week from 31st August—4th September.
- **New School Resources** – We have ordered lots of new software and resources to support student learning in ICT and communication including Boardmaker, switches and wireless keyboards.
- **Newsletter** – Our newsletter has had great feedback from parents and staff. Don’t forget to keep a look out for your child’s class story.
- **Coles Waterford** – Coles has donated a new iPad, iTunes cards and musical instruments. There will be an article about this in the Logan Albert News.
- **NRL Gala Day** – Senior and Junior Secondary students played football and learnt new skills at the Carina Leagues Club. The students showed great sportsmanship and skill.

**Nicole**  
**Acting Principal**
PARENT-TEACHER MEETINGS:
This week, many of our teachers have been meeting with parents/carers to discuss curriculum goals and programs as part of our ICP and SET plan process. We value parent/carer input in these meetings therefore, if you have not confirmed a time to discuss your child’s programs with their class teacher, please do so as soon as possible.

UNIT PLANNING:
Over the upcoming weeks, teachers will be developing their unit plans based on the priorities outlined in student ICP’s and SET plans. The Early Years Curriculum Guidelines, Australian Curriculum or Guidance for Individual Learning are embedded within our unit planning process.

VISIT TO CLAREMONT SPECIAL SCHOOL:
This week, I had the opportunity to visit Claremont Special school and work with their staff in the areas of planning, assessment and reporting. It was a wonderful experience in which I was able to focus on how they utilise specific data collection tools in the area of Literacy to guide curriculum development. I look forward to sharing this experience with the staff at Beenleigh Special School.

NAIDOC WEEK ART COMPETITION:
A big congratulations to all the students for their wonderful entries this year to our Art competition. Our individual award winners this year are:

- Amber in Upper Primary 3
- Harley in Junior Secondary 2
- Joel in Senior Secondary 1

UPCOMING CURRICULUM EVENTS:
- Thursday 20th August, 2015- Cultural Infusion Show
- Monday 31st August-Wednesday 2nd September– Leadership Camp
- Monday 31st August– Friday 4th September- Literacy Week and Book Character Parade.

Get Started vouchers assist children and young people who can least afford or may otherwise benefit from joining a sport or active recreation club. Eligible children and young people are provided with a voucher valued up to $150, which can be redeemed at a sport or recreation club that is registered for Get Started Vouchers. For information Google ‘Get Started Vouchers’ or use this link: https://www.qld.gov.au/recreation/sports/funding/getinthe game/getstarted/
In Upper Primary 1 we’ve had a great start to the semester. From the first day back, everyone has been working well and learning lots of new and interesting things.

In English we’re focusing on asking and answering questions, sharing information and ideas and listening to, and understanding what others are learning. Apart from focusing on common words, specific letters and word groupings, we’re also looking at a variety of text types and the types of information and literacy everyone might come in contact with.

In Maths the focus of this term will be on money, specifically the identification and use of money in everyday activities. The core skills of number, counting, patterning, grouping and more & less also factor into our everyday numeracy activities.

In both English and Maths, we’ve been using focused explicit lessons followed by rotations to provide both targeted learning as well as independent learning opportunities. The students in UP1 are responding well to both tasks.

In Science this Semester we will focus on our interactions with the environment, and how the environment affects all living things. Included in this will be the ways we as human beings use, alter and act upon aspects of our environment, especially focusing on certain materials and resources.

Our HPE unit will extend upon the Science unit, and look at the role of the environment, movement and food in ensuring our good health. This semester UP1 are using the Arts areas of Drama and Dance to support the overall theme of movement as an important component of good health practices. Please encourage your children to show you some of the various ways of moving that they are learning at school. It promises to be a very exciting time for us all!

Aleasha       Miss Emily
Brodie       Miss Harinder
Jase        Miss Karen
Justin                 Mrs Mack
Rachael
Junior Secondary 2

Junior Secondary 2 has eagerly entered the new semester with a positive attitude and a willingness to learn. Many of our students made high achievements last semester and are excited for the delivery of new and challenging lessons. There will also be a few changes coming up as Dave leaves to take on a leadership role at another school and Stewart becomes the class teacher.

In *English* we will be creating our own books. These will be about a topic that the student finds interesting and would like to talk about. We will also be looking at the different types of books that people write, as well as working on our spelling and punctuation.

In *Maths* we will be working with fractions and learning to read the time. We understand that these will be useful skills for when we leave school and want to look after ourselves.

In *Science* we will be learning about living things during Term 3, then about chemical changes during Term 4. We’re all excited to see what kind of experiments we can do in these areas.

We can’t wait to share all that we learn with our friends and families.
Amber reads a tactile book.

Chloe discovers her creativity.

Riley on the Clevy Keyboard.

Juwann explores the room.

'I take you driving in my car!' sings Flynn.

Our youngest students have made great progress in Semester 1. We’ll probably need a whole newsletter to celebrate their Semester 2 efforts!

Ruby explains how things work.

Our teacher and teacher aides love school!
What are the main symptoms of diabetes?

In type 1 diabetes, symptoms are often sudden and can be life-threatening, therefore it is usually diagnosed quite quickly. In type 2 diabetes, many people have no symptoms at all, while other signs can go unnoticed because they are seen as part of ‘getting older’. Therefore, by the time symptoms are noticed, complications of diabetes may already be present.

**Common symptoms include:**

- Being more thirsty than usual
- Feeling tired and lethargic
- Having cuts that heal slowly
- Blurred vision
- Weight changes
- Headaches
- Pain or tingling in the legs or feet
- Going to the toilet more often, especially at night
- Always feeling hungry
- Itching, skin infections or rashes
- Unexplained weight loss (type 1)
- Mood swings
- Feeling dizzy

How is diabetes managed?

In type 1 and type 2 diabetes, the aim of diabetes management is to get your blood glucose levels as close as possible to recommended target ranges.

For people with type 1 diabetes: insulin injections every day plus leading a healthy lifestyle.

For people with type 2 diabetes: healthy eating and regular physical activity may be all that is required at first, although adding tablets and/or insulin is commonly required later on.

Keeping blood glucose levels as close to recommended target ranges as possible will help prevent the short term effects of very low or very high blood glucose levels as well as the possible long term complications from diabetes. These can affect the eyes, kidneys and nerves. Refer to the *Blood Glucose Monitoring* information sheet.

Keeping your blood pressure and cholesterol within recommended ranges also helps to prevent cardiovascular complications from diabetes like heart attack and stroke.

What blood glucose target ranges do I aim for?

<table>
<thead>
<tr>
<th></th>
<th>Type 1 diabetes</th>
<th>Type 2 diabetes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>General blood glucose target ranges</strong></td>
<td>4–6mmol/L before meals Less than 10mmol/L after meals*</td>
<td>6–8mmol/L before meals 6–10mmol/L after meals*</td>
</tr>
</tbody>
</table>

* 2 hours after starting a meal.

It is recommended you talk to your doctor and diabetes care team about your individual target ranges.
Keeping Our Children Safe – Increase in High Visibility Traffic Patrols

The Queensland Police Service have advised that they will be increasing traffic patrols around our school over the next few weeks and have asked that we share the following information with you to avoid any unnecessary penalties and to keep our kids safe.

Across the Logan District, Police are regularly contacted by schools and concerned parents in relation to inappropriate driving and behaviour’s around school zones. Speed limits, drop-off and pick-up areas and parking rules exist to keep your children, parents and carers safe. They also help to minimise speed and traffic jams around schools. Whilst we appreciate that the drop off and pick up is a particularly busy time of day it does not excuse dangerous behaviour that could come with fatal consequences.

Logan Police are constantly patrolling our school zones. Some of the offences that have been witnessed are parents stopping in the middle of the road (double parking) and allowing children to get out of the vehicle, u-turns over double white lines into on-coming traffic, running red lights, speeding, unrestrained children, and road rage (use of offensive language whilst children were in the vehicle).

Over the next few weeks you will see an increase in High Visibility Traffic Patrols. We are keeping our roads safe by performing proactive and targeted traffic enforcement in relation to all school zones throughout Logan. So remember the road rules and don’t break them just to save a few extra minutes. The consequences will be with you for the rest of your life.

Below outlines some of the penalties which apply to traffic offences that are currently occurring within your school zone.

SPEEDING
School zone times have been standardised in Queensland to help motorists remember when to slow down. The standard operating times for your school zones is 7–9am and 2–4pm.

- <13km over the speed limit $151 and 1 point
- 13-20km over the speed limit $227 and 3 points
- 21-30km over the speed limit $379 and 4 points
- 31-40km over the speed limit $531 and 6 points
- 41km and over the speed limit $1062 and 8 points

PARKING
Make sure to take extra care when parking on school grounds and on the roads and streets around the school and follow the signed parking rules at all times. Remember most schools are around residential areas please be courteous and respectful to these people by not parking over their driveways.

- Stop across Footpath $45
- Stop contrary to flow of traffic $45
- Double Parking $45
- Stop Contrary to continuous yellow line $45

OTHER COMMON OFFENCES

- Seatbelts – As the parent you are responsible that your child has their seatbelts on and if required the correct car seat. Penalties for not wearing a seatbelt is $341 and 3 points. If your child is under 16 and is not wearing a seatbelt you get the ticket.
- U-turns – Illegal u-turns when not signed to do so - $91 and 2 points
- Red Traffic Light - $341 and 3 points
- Cross Double Lines - $204 and 3 points
- Disorderly conduct - $341
The role of the Community Linking Officer is to work with people with a disability and their families, to look at what supports are available, and to assist you to access them.

This might mean support with accessing disability services, respite, Centrelink, carer support groups or any thing else that your family needs assistance with. Help can be, providing information, filling in forms, attending and organize meetings or even just as someone to talk to about what is happening for your family.

The CLO attends the school every second Wednesday afternoon or contact at any time on the details below to discuss what support might be available to you.

Nicole Fletcher
Office: 100 York St, Beenleigh Qld 4207 (Mon, Wed, Fri)
Office: 100 Brisbane Street Qld 4285 (Tues, Thurs)
Mobile: 0407 629 170 | Beenleigh Ph: (07) 3297 4300 | Beaudesert Ph: (07) 5541 2520
Email: nicolef@fsg.org.au